



November & December 2023 NEWSLETTER

Jessamine County
95 Park Drive
Nicholasville, KY 40356
(859) 885-4811
Jessamine.ca.uky.edu



Last Chance to Pay Dues!

This is the last reminder to pay your Homemaker Dues for the 2023-2024 Homemaker year. Mailed newsletters and UK lesson materials are only sent to Homemaker members. Dues are \$10.

Weather Policy

If the Jessamine County schools are closed due to inclement weather, FCS Extension Programs are also canceled.

Holiday Schedule

The Jessamine County Extension Office will be closed November 23-24 in observance of Thanksgiving and December 25-January 1 in observance of Christmas and New Years Day.

Karli Giles



County Extension Agent
Family & Consumer Sciences



Jessamine County Family and Consumer Sciences on Facebook: <https://www.facebook.com/JessamineCountyFCS/>

Check out our county website for information on all program areas: <http://jessamine.ca.uky.edu/>

Calendar of Events

Nov 3	12 p.m.	Small Appliance Luncheon
Nov 8	9 a.m.	Bucket Hat
Nov 9	2 p.m.	Makeup Basics
Nov 13	10 a.m.	Laugh and Learn
Nov 15-16	9:30 a.m.	Serger Class
Nov 23-24		Office is Closed
Nov 29	12 p.m.	Lunch N Learn
Nov 30	9:30 a.m.	Ft. Harrod Homemaker Area Council Mtg.
Nov 30	6 p.m.	Pie Crust
Dec 1	12 p.m.	Small Appliance Luncheon
Dec 7	6 p.m.	Hot Cocoa Bombs
Dec 11	10 a.m.	Laugh and Learn
Dec 20	12 p.m.	Lunch N Learn
Dec 25- Jan 1		Office is Closed



Upcoming Dates

November 1st

Homemaker Membership Dues Deadline

November 9th at 2 p.m.

Makeup Basics Leader Lesson

November 30th at 9:30 a.m.

Fort Harrod Area Homemaker Council Meeting at the Jessamine County Extension Office

Bernheim Forest Homemaker Trip

The Jessamine County Extension Homemakers took a trip to Bernheim Forest this past month! We had a great time exploring the forest and seeing the Forest Giants.



Jessamine County Extension Homemaker Clubs

Hearts N' Hands

First Tuesday of the month, 11 a.m. at the Extension Office

Town N' Country

First Tuesday of the month, 6 p.m. at the Extension Office

Happy

Second Tuesday of the month, 6:00 p.m. in a member's home

Garden Club

Third Monday of the month, 1 p.m. at the Extension Office
*meeting on the second Monday in Nov.

4-H Mothers

Third Wednesday of the month, 9:30 a.m. in a member's home

Edgewood Evening

Fourth Monday of the month, 6:00 p.m. at the Extension Office
*meeting on the second Monday in Nov & Dec.

Piece Quilters

Every Tuesday, 9:30 a.m., Ag Center Room A

Makeup Basics

November 9th at 2 p.m.

Taught by Tara Duty, Mercer Co FCS Agent



Are you confused about how to apply makeup the right way? Or do you need help determining what products will work best for you? This lesson will help you identify your skin type and the best products for your skin type! Plus, you will learn professional application tips for a flawless finish that will last all day!

This lesson will be streamed through video

Homemaker Annual Meeting Recipes

Orange Fluff Salad

- 8 oz frozen whipped topping
- 3 oz package orange gelatin mix
- 16 oz of full fat small curd cottage cheese
- 14 oz can mandarin oranges, drained
- 20 oz can crushed pineapple, drained
- 1 cup mini marshmallows

Combine the thawed whipped topping and jello orange gelatin powder together in a large bowl and stir until combined. Add in the cottage cheese, mandarin oranges, pineapple, and mini marshmallows, and gently fold in until the mixture is combined

Chicken Casserole

- 3 cups cooked chicken, diced
- 2 cups green beans, drained
- 1 can cream of chicken soup
- 8 oz chopped water chestnuts, diced
- 1 cup mayonnaise
- 6 oz long grain wild rice, cooked per box directions
- 4 oz pimentos or roasted red peppers, chopped
- 1 medium onion, diced

Mix ingredients, bake at 350F for one hour.

Holiday Countdown

There is nothing like being home for the holidays. And there is no reason the holidays have to be stressful. If your home is where everyone gathers for Thanksgiving, Christmas, or other holiday meals, use the countdown below to make a game plan and eliminate the stress before it can start.

4 weeks out

- Send out invitations.
- Take an inventory of tables, chairs, cups, plates, napkins, and silverware. It's OK to use disposable dishes and utensils. Just make sure you have enough of whatever you decide to use.
- Place your order for a fresh turkey, if that's the type of turkey you are cooking.
- Place your order for a fully cooked turkey, ham, or roast, if that's your preferred entree.

3 weeks out

- Plan your menu, including all recipes.
- Make a detailed grocery list.
- Purchase containers for storage of leftovers or take-home favorites.

2 weeks out

- Follow up with guests to confirm the number of attendees.
- Double-check your grocery list, and start shopping for shelf-stable items, beverages, and anything frozen - this includes the turkey, if necessary.
- Locate your roasting pan and thermometer.
- Gather necessary equipment.

1 week out

- Clear out the fridge. Start using foods that are taking up space in your refrigerator and freezer.
- Make ahead any dishes that can be frozen and warmed up the morning of.
- Set out seasonal decorations.
- Make a holiday playlist for background music.

5 days before

- Check frozen turkey (ham or roast), and determine how long it will take to thaw. Allow 24 hours for every 4 to 5 pounds.
- Clean the house. You can allow two days for this!

4 days before

- Purchase fresh items for the menu.
- Purchase ice or make ice and place in bags in freezer.
- Make a cooking timetable for the morning of to ensure all dishes are cooked thoroughly and ready when needed.

3 days before

- Prepare table linens.
- Make a plan for keeping food warm. Set out warming plates or slow cookers.

2 days before

- Set the table or assemble the buffet.
- Set up a bar for drinks.
- Make cards identifying each dish so guests will know what they are eating and if any allergens are present.
- Thaw frozen dishes in the refrigerator for cooking the morning of.
- Spot clean high traffic areas in the house.

1 day before

- Make any dishes that can be made ahead of time - usually pies and desserts.
- Chop and measure ingredients for dishes that cannot be made ahead of time.
- Place drinks in cooler for icing the next morning.
- Set out fresh flowers.

The morning of

- Place turkey, ham, or roast in the oven.
- Start cooking items according to your timetable.
- Ice the drinks in the cooler.
- Set out fresh towels in the bathroom. Have a roll of paper towels in the bathroom as a backup as well.
- Relax and enjoy the day.

Small Appliance Luncheon

Join Karli on the first Friday of the month to learn about a small appliance. Participants will watch a cooking demonstration, sample recipes, and receive a recipe book using the featured appliances!

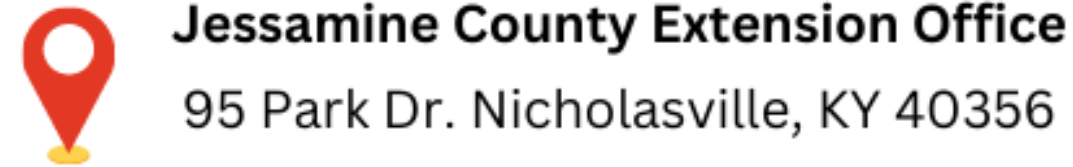
September 1st Griddle w/ Smokless Mode
12 p.m. for indoor grilling

October 6th Electric Pressure Cooker
12 p.m.

November 3rd Air Fryer
12 p.m.

December 1st Pizza Oven
12 p.m.

The luncheons are **FREE!**
Pre-registration is required each month. Space is limited.
To register, call 859-885-4811 or email karli.giles@uky.edu



Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating.
Lexington, KY 40506



Disabilities accommodated with prior notification.

FABRIC BUCKET HAT



Taught by Marilyn Morrow

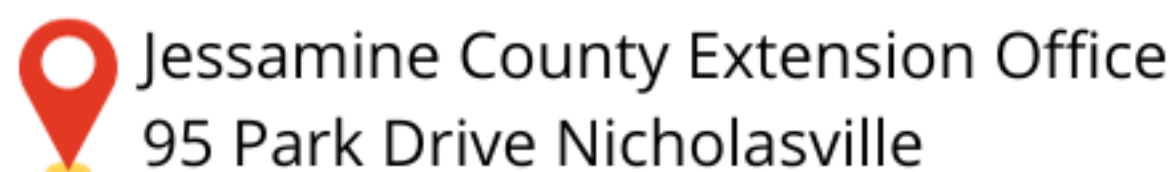
November 8th
9 a.m.- 3 p.m.

Cost \$10
Preregistration is required

Skill Level: Intermediate

The material list will be sent to those who register.

Register by calling 859-885-4811



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LAUGH AND LEARN

A free playdate that engages your child(ren) in playful activities that are designed to prepare them for kindergarten. At the program, your child(ren) will listen to a story, sing songs, make crafts, play games, and enjoy a healthy snack.



November 13, 10 a.m.- 11 a.m.

Theme: Transportation

Jessamine County Extension Office

95 Park Drive, Nicholasville, KY 40356

To register for the November Laugh and Learn play date, call 859-885-4811 or email karli.giles@uky.edu

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LUNCH N' LEARN

Slow Cooker Buffalo Chicken Stuffed Sweet Potatoes



November 29th

12 p.m.- 1 p.m.

Registration is required.

Register by calling 859-885-4811 or emailing karli.giles@uky.edu

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Pie Crust


Taught by Cathy Weaver



November 30th
6 p.m.

Class is **FREE!**
Registration is required!

Learn how to make the perfect pie crust for your upcoming holiday gatherings. Participants will learn about traditional crusts vs. press-in crusts, basic decorating, taste different pie crusts, and watch a live demonstration of making pie crusts.

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HOT COCOA BOMBS




December 7th
6 p.m.

Class is **FREE!**
Registration is required!

In this class, you will learn step-by-step how to make a hot cocoa bomb!
Each participant will leave with their own hot cocoa bomb and written instructions on making them at home.

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 Register by calling
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A free playdate that engages your child(ren) in playful activities that are designed to prepare them for kindergarten. At the program, your child(ren) will listen to a story, sing songs, make crafts, play games, and enjoy a healthy snack.



December 11, 10 a.m.- 11 a.m.

Theme: Community Helpers

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To register for the December Laugh and Learn play date, call 859-885-4811 or email karli.giles@uky.edu

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LUNCH N' LEARN

Loaded Beef Stroganoff



December 20th, 12 p.m.- 1 p.m.

Registration is required.

Register by calling 859-885-4811 or emailing karli.giles@uky.edu

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Two-Day Sergers Class



Join Mary Hixson as she teaches you how to make three projects on your serger.

November 15th, 9:30 a.m.- 3 p.m.

November 16th, 9:30 a.m.- 3 p.m.

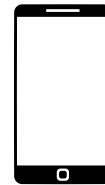
Cost: \$10

Supplies needed:

- Serger, in working condition
- Machine manual
- Thread for your machine
- A packed lunch

All other supplies will be provided.

Participants must have a working knowledge of their machine.



To preregister,
call 859-885-4811



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